

APPENDIX E: COMMUNITY ENGAGEMENT

2017 CHIP Community Feedback – What would help to improve these health issues in your community?

| Behavioral & Mental Well-Being | Healthy Child & Family Development | Healthy Eating & Active Living | Safe Communities | Sexual Health |
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| <ul style="list-style-type: none"> -Use professional opinions; need more training on how to handle situations. -Provide community events that include churches/pastoral care. -Triple the budget of mental health services and mental health outreach for SA. -Speakers, classroom projects, and education. -Easier access to better stress management. -More mental health facilities. -More counselors in strategic locations. -Expand treatment for behavioral health and substance abuse disorders in the community and outpatient settings. | <ul style="list-style-type: none"> -Classes, informative sessions, pamphlets. -Make more programs aware of available low-cost or free services to the community. -Not limit services to those that live on the wrong side of the street like me (I live one street over to qualify for Healthy Start). -More education and income based services. -Parenting classes. -Low cost clinics/services and access to health care. -Better insurance options for low income families -Community events with information. -Increase # of people receiving early preventive care. -Community leaders organizing residents to vote and put pressure on elected officials to protect our access to affordable healthcare | <ul style="list-style-type: none"> -More Exercise/eating healthy. -Host events to bring community and families together outside to be active. -More education and nutrition/cooking classes. -Healthy foods should not be so expensive. -More gyms in the area, or free dance classes. -Availability and affordability of fresh foods to all communities throughout the city. -Better school lunch options and healthier options at fast food places. -Reduction in the use of electronic devices among children. -Open and light parks and trails for people to use early in the morning and at night. -Free preventative measures throughout the community, such as free glucose checks and blood pressure checks -Discounted/free access to nutritionists, education, and counseling. | <ul style="list-style-type: none"> -Better gun control -More traffic signals, signs, and car lanes -More police presence. -Promote teen programs and volunteering. -More security/surveillance (cameras) in our community. -More education on subject. -Positive mentorship. -Having strong churches. -Opportunities for teens with rewards/incentives. -Implement more evidence-based violence prevention programs into K-12 settings. -Encourage more neighborhood focus groups or dialogue with police to increase education and prevention. -Give students more road rage classes. -More free recreation summer activities for kids to go to and stay out of the streets where drugs and crimes lurk. | <ul style="list-style-type: none"> -More education for kids and the entire family. -Teaching kids in activities that the path of God is better than the path of making out. -Abstinence 101. -Provide teachings/education at schools. -Early education intervention. -More resources. -Awareness of what's out there. -Less unprotected sex from teens and incarcerating sex offenders. |

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| | <ul style="list-style-type: none"> -More mobile clinics for preventative care, immunizations, and check-ups. | <ul style="list-style-type: none"> -Additional funding for fitness/nutrition education programming -Helping improve the access to healthy foods in food deserts, and possibly creating a sin tax on junk food/fast food. Healthy food options are more expensive than junk food. -Reduce the intake of sugar-sweetened beverages, smaller portion sizes, and increased access to nutrition counseling. -Open pools more than 2 months out of the year. -Empower people to make lifestyle changes that lead to improved health. -Add playgrounds -More free recreation summer activities for kids to go. -Crosstalk improvements for pedestrians and bike lanes. -Improve walkability and connectivity around the city. Design streets for people, not cars. | <ul style="list-style-type: none"> -Strengthening the family unit, parent education (including single parent outreaches) -Continue to share the word of Christ with the community and connect people to church. -More family events, not just for families with smaller children, but teen events (free) -More background checks for the people living in the community. -The city of SA does not take burglaries as serious as the other metropolitan cities in TX. -Clean up the city. Hold the homeowners responsible in the upkeep of good living conditions in neighborhoods -Raise awareness. -Infrastructure. -Mentor programs. -More community peace officers. -Judiciary intervention in the form of specialty courts, using the drug court model, to identify and address the core issues that lead to violent behavior. -Community partnership with police. | |